An Aikido Journey with Mary Heiny Sensei 7th Dan



Burwell Aikido Club is delighted to host the first seminar in the UK, lead by Mary Heiny Sensei in her 50th year of practice and also the year that she has been awarded 7th dan. Heiny Sensei is in huge demand in the USA and no wonder given her aikido heritage. This is an incredible opportunity for you to learn about the roots of aikido from someone who trained with the founder and most of his leading students.

When - Friday 16th March, Saturday March 17th and Sunday 18th March

 $\begin{array}{cccc} \textbf{Course Times -} & Friday & 16^{th}March & 19:00-21.00 \\Saturday & 17^{th}March & 10:00-12:00 \text{ and } 14.30-16:301 \\ Sunday & 18^{th}March & 10:00-12:00 \text{ and } 14:00-15:30 \end{array}$

Venue Mandeville Hall, Tan House Lane, Reach Road, Burwell, Cambridgeshire. CB25 0AR

Fee – Payments in advance - £90 (unless alternative arrangements have been agreed)

For more information –

Contact Quentin Cooke

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Accommodation

List available upon request