

Bedford Aikido Club presents

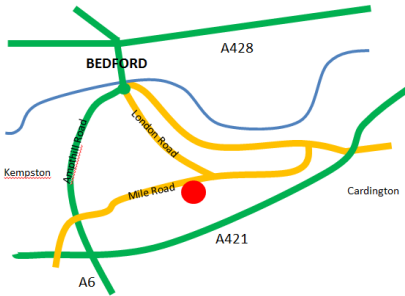


Aikido Course with Cath Davies

6th Dan So Hombu

Sunday 2nd February 2014

11 a.m. till 2:30 p.m.



The Bunyan Centre,
Mile Road,
Bedford,
MK42 9TS

£15 or £10 Concession

- Please bring aikido weapons, they may be required for some of the class.
- All organisations welcome. Proof of BAB or other recognised insurance required.



Cath began aikido in 1981 under David Bushell and after his retirement continued to study under Peter Brady Shihan.

As well as the UK, Cath has travelled to Japan, America and Finland and has trained with the Third Doshu and many Shihan including Saito, Tamura, Yamada, Chiba, Sugano, Endo, Kobayashi and Sugawara Shihan.

Since 1999, Cath's aikido practice and development has been strongly influenced by Endo Sensei. She holds the rank of 5th dan Aikikai since 2004, Shido-in of the United Kingdom Aikikai and a Senior Coach of the British Aikido Board.



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Bedford Aikido Club



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